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## Anger Management (2003) - IMDb

[www.imdb.com/title/tt0305224](http://www.imdb.com/title/tt0305224)

Dave Buznik is a businessman who is wrongly sentenced to an **anger-management** program, where he meets an aggressive instructor.

## Anger - Wikipedia

<https://en.wikipedia.org/wiki/Anger>

**Anger** or wrath is an intense emotional response. It is an emotion that involves a strong uncomfortable and emotional response to a perceived provocation, hurt or ...

## Controlling Anger " Before It Controls You

[www.apa.org](http://www.apa.org) › Psychology Topics › **Anger**

The goal of **anger management** is to reduce both your emotional feelings and the physiological arousal that **anger** causes. You can't get rid of, or avoid, the things or ...

## Depression and Anger: A Destructive Partnership - â€¦

[www.storiedmind.com/anger/depression-anger-destructive-partnership](http://www.storiedmind.com/anger/depression-anger-destructive-partnership)

Depression and **anger** often combine to deepen the pain, isolation and destructive behavior of recurrent depressive disorders.

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## American Psychological Association (APA)

[www.apa.org](http://www.apa.org)

The **American Psychological Association** (APA) is a scientific and professional organization that represents psychologists in the United States. APA educates the â€¦

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