

# **physical performance test elderly.pdf**

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29 RESULTS

## Exercise Training and Nutritional Supplementation for ...

[www.nejm.org/doi/full/10.1056/NEJM199406233302501](http://www.nejm.org/doi/full/10.1056/NEJM199406233302501)

Original Article. **Exercise Training and Nutritional Supplementation for Physical Frailty in Very Elderly People.** Maria A. Fiatarone, Evelyn F. O'Neill, Nancy Doyle ...

## The Key to Fighting Physical Decline: The Short Physical ...

[aginginmotion.org/the-key-to-fighting-physical-decline-the-short...](http://aginginmotion.org/the-key-to-fighting-physical-decline-the-short...)

The following post focuses on the **Short Physical Performance Battery (SPPB)**, one of several tests designed to measure functional status and **physical performance**.

## Physical Activity and Risk of Cognitive Impairment and ...

[jamanetwork.com/journals/jamaneurology/fullarticle/778849](http://jamanetwork.com/journals/jamaneurology/fullarticle/778849)

Relationship Between **Physical** Activity and Risk of Cognitive Impairmentâ€”No Dementia (CIND) and Dementia, According to Sex and Adjusted for Several Potential Confounders

## Old age - Wikipedia

<https://en.wikipedia.org/wiki/Elderly>

**Old age** refers to ages nearing or surpassing the life expectancy of human beings, and is thus the end of the human life cycle. In October 2016, a highly publicized ...

## Leisure Activities and the Risk of Dementia in the Elderly ...

[www.nejm.org/doi/full/10.1056/NEJMoa022252](http://www.nejm.org/doi/full/10.1056/NEJMoa022252)

Original Article. Leisure Activities and the Risk of Dementia in the **Elderly**. Joe Verghese, M.D., Richard B. Lipton, M.D., Mindy J. Katz, M.P.H., Charles B. Hall, Ph ...

## Physical Changes With Aging - Geriatrics - Merck Manuals ...

[www.merckmanuals.com](http://www.merckmanuals.com) > Approach to the Geriatric Patient

Explore the **Physical Changes With Aging** from the Professional Version of the Merck Manuals.

## The Cognitive Performance Test (CPT) â€” OT-Innovations

[www.ot-innovations.com](http://www.ot-innovations.com) > Clinical Practice > Cognition

By: Theresa Burns, OTR. **The Cognitive Performance Test (CPT)** is a standardized, **performance**-based assessment instrument, originally designed for the objective ...

## Pulmonary Rehabilitation Toolkit | Lung Foundation Australia

[pulmonaryrehab.com.au](http://pulmonaryrehab.com.au)

Pulmonary Rehabilitation Toolkit. The Pulmonary Rehabilitation toolkit is a resource for health professionals to design and deliver an evidence-based Pulmonary ...

## Older Drivers, Elderly Driving, Seniors at the Wheel

[www.smartmotorist.com/.../older-drivers-elderly-driving-seniors-at...](http://www.smartmotorist.com/.../older-drivers-elderly-driving-seniors-at...)

Older Drivers, **Elderly** Driving, Seniors at the Wheel. In the next 20 years the number of **elderly** drivers (persons 70 & over) is predicted to triple in the United States.

## Physical capability in mid-life and survival over 13 years ...

[www.bmj.com/content/348/bmj.g2219](http://www.bmj.com/content/348/bmj.g2219)

Objectives To examine associations between three commonly used objective measures of **physical** capability assessed at age 53 and a composite score of these measures ...

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