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Home | **TRICARE**

www.tricare.mil/mybenefit

Find a **TRICARE** Plan. Answer some questions to find the right **TRICARE** plan for you and your family. Go to the Plan Finder

[PDF] **TRICARE For Life Handbook**

www.tricare.mil/~media/Files/TRICARE/Publications/Handbooks/TFL...

TRICARE® For Life JULY 2016. A guide to understanding your program **benefits**.
HANDBOOK

Military Healthcare for the **TRICARE** South region - Humana ...

<https://www.humanamilitary.com>

Humana Military is the proud administrator of the **TRICARE** South contract.

Resources for **TRICARE** South beneficiaries - Humana Military

www.humanamilitary.com › Beneficiary

Beneficiary news and updates. **TRICARE** mental health benefit update; More information from **TRICARE** and the CDC about the zika virus; Disaster alerts and emergency ...

Health Coverage - Virginia Department of Human Resource ...

www.dhrm.virginia.gov/healthcoverage

Plans (click the **Health** Plans Tab) **Health** Information (click the **Health** Info Tab)
Extended Coverage Information; 2016-17 Extended Coverage Premiums

Federal Benefits Handbook | Federal Handbooks.com

federalhandbooks.com/explore-our-handbooks/federal-benefits-handbook

Federal Benefits Handbook. This unique **handbook**, written for active federal employees, covers everything you need to know about your federal pay and **benefits**, â€¦

Active Duty Servicemembers - Health Benefits

www.va.gov/healthbenefits/apply/active_duty.asp

Active Duty Servicemembers. **Active Duty** Servicemembers who have received their separation and/or retirement orders may apply for enrollment in VA health care system.

my**TRICARE**.com - Welcome South Beneficiaries

https://mytricare.com/internet/tric/tri/mtc_sbene.nsf

Pharmacy (TRRx) claims: Express Scripts, Inc (ESI) processes all **TRICARE** Retail Pharmacy (TRRx) claims. Please visit the ESI website or call 1-877-363-1303.

MetLife **TRICARE** Dental Program - MilitaryOneClick

militaryoneclick.com/metlife

About **MetLife** Dental. **MetLife** is proud to offer the **TRICARE** Dental Program (TDP) to active duty family members and National Guard and Reserve members and their families.

Tricare Physical Therapist Assistant Not Allowed - Nancy ...

nancybeckley.com/tricare-physical-therapist-assistant-not-allowed

Nancy: Upon reviewing the 2013 **Tricare** South Provider **Handbook**, I did not find any reference in regards to the exclusions of physical therapist assistance.